



CASPER CLUB NEWSLETTER



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<u>1st Week</u>	<u>April</u>
Mon 3rd	Dunnet Forest Activity with the Rangers
Tues 4th	Drumming & Rythym Workshops 2-5pm
Wed 5th	Drumming & Rythym Workshops 10-2pm
Thur 6th	Jammin Fitness Workshops 10-12am & 2-4pm
Fri 7th	Jammin Fitness Workshops 10-12am & 2-4pm
<u>2nd Week</u>	
Mon 10th	The X-FACTOR! - Have you got the talent?
Tues 11th	Easter Arts, Cards & Crafts
Wed 12th	Swimming at Thurso Pool and Easter Egg & Spoon Races
Thur 13th	Easter Eggs & Tasty Treats
Fri 14th	Egg Dunes Rolling Competition on Beach & Picnic
<u>3rd Week</u>	
Mon 17th	Trip out to RSPB Reserve @ Forsinard (Minibus)

Casper Club has arranged 2 main workshops during the Easter break. Both are to be held in Wick High School. These workshops aim to promote positive relationships between the 3 Out of School Clubs—Casper, Treats & Maask.

They facilitate learning opportunities and healthy lifestyles that the children would otherwise be unable to access due to the rural location in which we all live. The Drumming Workshop 'Happiness Rhythm Celebration' is run by Steven Sharpe and provides rhythm as a framework for learning and encourages individual self-expression and creativity. This workshop also promotes the development of motor skills, an improved understanding of mathematical principles, encourages literacy and language skills. The fostering of team spirit and co-operation with the improved concentration and enjoyment of learning. According to Steven, "Rhythm is everywhere, it is the fabric of our existence and what makes us alive"

The second one comes to us from the hugely popular Jammin Fitness Street Dance Team. This workshop enables both children and adults to enjoy the benefits of exercise using dance to promote healthy lifestyles in a fun way. The workshop promotes individual and group achievements, the development of motor skills, teaches about rhythm and time and most importantly boosts self-esteem.

Transport To and From Wick will be provided.

EASTER OUTINGS

Come and join us on one of our Easter Outings. Transport is provided and they always prove to be a lot of fun.....Our main one this Easter is to the RSPB Reserve @ Forsinard on:

Monday 17th March
Meet at Casper 8.30am
Return to Casper 5.30pm

We also have Drumming and Dance Workshops, a Swimming Trip and a trip to Dunnet Forest for an activity with the rangers

Welcome.....
To our newest team members

Lisa McKellar
Mhairi Gunn
Claire Farquhar

Who all came on board in February following the post-winter vacancies.

They are all lovely child-friendly people, doing really well and the kids think they are brill!

CASPER CLUB

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**Quality Childcare Out of
School Hours**

New Service—Casper Cubs

Our newly opened service is proving to be very popular. We have nine children registered, five of which attended regularly.

Children aged 3-5 years can attend anytime between 11.30-3pm on Monday-Friday.

Bookings can be made in advance or on the morning the child wishes to attend by calling in at Casper or by leaving a message on 01847 821500.

The children can take part in a variety of fun structured activities which provide many opportunities to enhance their learning and development.

Our staff are committed to developing and maintaining positive links in partnership with parents/carers, playgroup, nursery and the school.

Each child that attends a session will be respected as an individual. Plans of activities are varied each week allowing children to explore a wide range of learning concepts.

Reflecting on plans and activities enables staff to ensure individual children's needs are met, as well as boosting their self esteem and confidence.

This coming weeks the children will be learning about animals, number and Easter fun!!

If you would like to know more about any of the activities, outings or workshops provided, please contact Rachel on 01847 821 500 or 0786 796 5372

Or if you and your children would like to drop in and see the facility first, please feel free to do so.



Introducing.....

Hi guys and hi to those who don't know me, I'm Claire. I'm one of the new playworkers at Casper, I started at the beginning of February. Everyone has made me feel really welcome but most importantly, the kids have. I love art and getting a bit messy, like the kids! And I also love doing cross stitch and card making. I'm really looking forward to the holidays, going on trips and meeting up with other out of school clubs, the more kids the merrier.



Committee

Meeting

Tonight

St Clair Arms Hotel

7pm

All Welcome



Hey everyone, my name is Lisa and I've been working as a playworker at Casper since February. Everyone is really interesting and have made me feel very welcome. The children are full of energy and always have ideas. We all enjoy the outings, such as swimming and bowling and we also enjoy our meetings to discuss a variety of projects we could do or anything that will promote the children's learning and development by having fun.



Hi, I'm Mhairi. As I work both in Casper and Treats, I see how each of the clubs are in a close relationship with each other and their communities. Working together has given the staff from both clubs a strong bond, allowing us to engage in bigger and more exciting outings and activity days, like the Chinese New Year that we celebrated together with samples of Chinese cuisine. In Easter, we are arranging get togethers and trips including workshops with Maask which brings all the Caithness Out of School clubs together. When I started relief in Casper, it soon came to my attention, the usefulness of both clubs being so close and helping each other during staff shortages. This I feel, every member of staff will agree, has made a successful relationship for everyone. Even the kids have made friends between the clubs and they look forward to seeing each other when the holidays come around. They enjoy the healthy competition which the clubs put into special events like 'It's a Knockout' and 'The X-Factor' that we have planned for Easter.