



April 2016



Pulteneytown People's Project Community Newsletter

"We're in the business of creating a community centre for everyone."

A note from our CEO...

This is our first newsletter and we hope to have one ready every two months to keep the community up to date with what is happening.

We have been open four years now, and people still think we are funded by public agencies. We run PPP like a business, we have 5 departments and each department has targets to make to pay the staff wages and running cost for that department. We do this by securing contracts to deliver services in our community (that would likely be run by an organisation outside our community if we are not successful), and by generating income from renting out office space and our facilities, childcare provision and Telford's café. We have almost 50 staff (including Saturday staff) and 8 - 10 volunteers. The benefits to the community is that some sessions are very cheap such as the hobbies groups, men's shed, children's summer sessions, bouncy castle etc so the community benefits from the centre but we still have to cover our costs and pay back the substantial loan we have on the building. We have directors who head the project, with varying backgrounds, who help the organisation to develop new ideas and secure contracts to deliver services in their community for their community.

Nearly every staff member we have taken on over the years had no idea how much we did from the building. Come in and support your community facility! And please tell us if there is anything you would like to see us do in the future.

-Katrina MacNab, C.E.O

Childcare Achievements

Three of our crèche staff have recently completed their SVQ Level 3 in Playwork. Craig Gunn, Chloe Cormack and Kirsty MacNab have worked hard alongside their tutors to achieve this while still working during the week in our crèche and our youth groups. **Well done!**

Other crèche staff including Gemma Oman, Bekah Graham, Moira Smith and Kerri Hutchinson are currently completing their Modern Apprenticeship in Social Services Children & Young People. They work alongside our in-house tutors and assessors each week to keep them on track to complete their qualification.

"I have always wanted to work with children. I enjoy it as there is never a dull day and each day is different and fun."

-Bekah Graham, 17, CYPS Worker.



Above: Chloe Cormack, Craig Gunn and Kirsty MacNab



Monday:	Metafit	9:30-10:30am	£3	
	Little Stars Toddler Group	10:15-11:45am	50p	Snack included!
	Yoga with Fiona Harper	6:30-7:30pm	£3	
	Monday night Youth Groups	6:30-8:30pm	£1 per group	
	Bouncy Castles	11:00am-4:00pm	Free	
Tuesday:	DAF Art Class	10am-2pm	Free	All materials provided
	Football 3+ years	1:30pm-2:15pm	£1	
	Football 4-5 years	2:15pm-3:00pm	£1	
	Men's Shed	2-4pm	50p	
	Ladies Hobbies Group	2-4pm	50p	
	Insanity with Fiona Harper	6:30-7:30pm	£3	
Wednesday:	Activity Agreements	10:00am-4:00pm		
Thursday:	Slimming World	9:30am, 11:30am, 5:30pm and 7:30pm		
	Pensioners Lunch Deal	12pm-2pm		Special of the day plus tea/coffee for £5!
Friday:	Job Club (drop in)	9:30am-3:00pm	Free	
	Metafit	9:30-10:30am	£3	
	Men's Shed	2-4pm	50p	
	Art Group	2-4pm	50p	
	Bouncy Castles	11:00am-4:00pm	Free	
	Friday Night Youth Group	7-9:30pm	50p	
Saturday:	Metafit	10am-10:45am	£3	
Sunday:	Men's Shed	1:00pm-3:00pm	50p	

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<https://www.facebook.com/pages/PulteneyTown-Peoples-Project>

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Bouncy Castles!

PPP recently invested in three bouncy castles! They will be up every **Monday and Friday from 11am-4pm.**

There is a wide range of toys as well for kids to play with along with tables and chairs for parents to enjoy lunch and some fun with the kids.

We hope this will promote affordable and healthy activities for young children and an opportunity for quality time between parents and kids.

This is FREE to Telford's customers, even if it is only a coffee!

So come along! Grab a coffee or lunch and let the kids burn some of their endless energy!

Suitable for children aged 3-upwards but must be supervised by the adult taking them at all times

Funded by the People & Communities Fund provided by the Scottish Government.



Staff Spotlight- Kate MacNicol Events Co-ordinator.



This has been my first events job since finishing University last April and it has been one of the best yet challenging experiences. No matter how long you study at university or college for, once you put your theory to practice, it puts everything into perspective much more clearly.

The Pulteney Centre is a fantastic facility and I really hope we will be able to maximise its potential by hosting various events all year around that will appeal to all ages. We want to keep these events community focused but to also give the people of Caithness a chance to see and experience events without having to travel so many miles or to cities. We live in a great community with great character and Caithness really is the best audience for events!

Kate's job is funded through the Big Lottery and the Robertson Trust.

In the past, we have donated our staff time and the facility to the RNLI, Wick Heritage Centre and the Macular Society to help them raise funds for their organisations.



Pictured: (L-R)

Chloe Newlands, Wilma Duffy, Michael Duffy and Courtney Bain are all on our Employability Programme which gains them skills to be in employment.

Employability Programme:

PPP is contracted to run this programme by Skills Development Scotland. Currently PPP have eight individuals on the scheme. Throughout their time with us they will gain skills for employment through coursework, personal development and a work placement within the centre or with another local employer. Applicants must be 16 or over.

The Employability Fund aims to support employability, vocational training, core skills and employment opportunities locally. Participants are supported by our tutors at PPP to help them gain employment, build confidence and skills to help them achieve employment.

Our new service – Care@Home

PPP started a care at home service this month to compliment our housing support service. Initially we are working with Highland Home Carers in Inverness to ensure that our staff are trained and working to a high standard. We have been developing this service for more than 18 months, we already deliver SVQs to people working in care homes, and it was the natural progression. Being a community group our focus is on a quality service that covers its costs, but we are not looking at making huge profits. If we need to wait an extra 10 or 15 mins with someone we have the ability to do this. We also have secured funding to develop a New Beginnings Course to support people interested in moving into employment in the care sector, and funding to develop a lunch club and activities for older people. This will allow people with care needs to come along and feel confident that someone is there to support them to the toilet, or assist them to eat their lunch. We are only delivering our care at home service in Wick, and we aim for it to be holistic including benefits advice and hobbies and lunch sessions for those wanting to attend. We want to attract and keep staff who have a good quality job with training opportunities.

Jennifer Harvey

Welfare Rights Officer

For free advice and assistance with applying for all benefits, care grants, debt advice and other money worries.

Whatever your circumstances we are here to help you understand and access what you may be able to apply for and what you may be entitled to.

Jennifer is available during the week for appointments. Please phone [01955 608 530](tel:01955608530) if you wish to make one.

Cooking Class

We have recently started up a new weekly cooking class on Mondays from 10am-12pm and it's absolutely FREE!

You will learn how to cook meals, supervised, and in our catering kitchen. We will provide the ingredients and the tools you'll need to whip up a lovely lunch.

All Welcome!



Childcare Facilities

Our crèche is Tax Credit and college approved and we are a registered childcare provider All our staff are qualified, PVG registered and SSSC registered.

Crèche opening times are from **8:00am – 6:00pm** (7:45am by arrangement)

Your child can be booked in from as little as an hour to a maximum of 10 hours a day, 5 days a week (Monday – Friday). Crèche prices are as follows:

£3.50 per hour (over 2's) **£4.00** per hour (under 2's)

£24.50 full day (over 2's) (up to 7.5 hrs) **£28.00** full day (under 2's) (7.5hrs)

Wrap-around child care – Our wrap around service is only available for children who attend for 4 hours or more. This service includes a pick-up or drop-off to a playgroup or nursery. If your child is in for **less than 4 hours and requires a pick-up or drop-off** there will be a **standard charge of £16.00** regardless of their booking time.

4 hours or more includes pick-ups and/or drop-offs to playgroups/nurseries.

Wrap around prices 4 hrs - £16.00
5hrs - £19.50
6hrs - £23.00

M.A.A.S.K

Morning and After School Klub

Breakfast Klub £2
includes a drop off to any town Primary School

After School Klub:

After school-5pm £4.50

After School-6pm £6.00

Pick up from school and snack included



